

A man in a blue suit and glasses is walking outdoors, holding a baby in a white hat and a smartphone. He has a brown bag slung over his shoulder.

Health benefits for the way you live your life

Family. Friends. Work. Health.
Life can be a juggling act, but using your health benefits plan shouldn't be.

Whether you prefer to manage your benefits on the go or at home, it's easy to:

- Find out how much you have left to spend, before you make an appointment.
- Check whether the drug your doctor suggests is covered under your plan, while you're in their office – avoiding extra calls and visits.
- Submit **any** type of claim, at any time, and get your money back fast!

Discover all the possibilities today by downloading Manulife Mobile from your favourite app store or by visiting the **secure website**.

